



BORDERTOWN PRIMARY SCHOOL NEWSLINK

Inspire, Challenge, Achieve

ISSUE 10 | 22 September
2023

IMPORTANT DATES

Whole School Runathon
Thursday 28th September

Last Day of Term - Early
Dismissal 2:25pm
Friday 29th September

TERM 4

SE Choir Rehearsal
Wednesday 25th October

SE Choir Concert
Thursday 26th October

School Disco
Wednesday 1st November

10 South Avenue
Bordertown SA 5268
8752 1888

dl.0733info@schools.sa.edu.au
www.bordertownps.sa.edu.au



Government
of South Australia
Department for Education



A NOTE FROM THE PRINCIPAL

Dear Families,

Last night I had the privilege of attending the choir performance at the Adelaide Festival Theatre. Twenty of our students joined together with 500 others from nineteen schools. This performance was amazing and our students were wonderful and enjoyed the special occasion. Many thanks to Ebony Capurso our choir conductor who spent many hours training our choir students and organising their attendance. Thanks also to Jodie Devitt who attended as a supervisory teacher. Our school community will have the opportunity to see and hear our choir at our bi-annual Songs at Sunset.

This week has been a busy time where the year 5/6 classes have showcased their learning across the



25km/h past a stationary school bus - this applies to all traffic in both directions

FROM PAGE ONE...

curriculum with their Food Factory sales. This is a good example of students collaborating, making decisions and then applying their learning with authentic experiences. Well done to everyone involved.

I would like to take this opportunity to remind families about our road safety rules when coming to school and going home. Please utilise the crossing if you are coming from the hospital side of town and leave by our main gate if needing to cross the road.

Our last week of school for term 3 will be extremely busy with Food Factory and the Run-a-thon on Thursday. In this Newslink is a diagram of our new playground equipment which we are still raising funds for. Proceeds from our runathon next week will be added to our current funds allocated to this project. Please support our children and their efforts to raise money for our new playground.

Shelley Cameron

THANK YOU!

A big thank you to the Good Country Community Op Shop for their kind donation.

SCHOOL DISCO

Save the date for the disco
Wednesday 1st November
More information to come next term.



SPORTS DAY

A reminder that the date for our 2023 Sports Day is **Monday 20th November**



SPORTS DAY T-SHIRTS

Sports Day T-shirts are now available to order. They are available in our team colours.

\$15.00 for plain or \$25.00 printed with the house name.

ORDERS CLOSE FRIDAY 29th SEPTEMBER
Please place your order through Qkr!



Chocolate Brownie Fundraising

If you wish to donate a packet (or 2, or 3, or more...) of brownie mix feel free to drop it at the front office. No preference for brand, just any packet mix will do.

Thank you!



Festival of Music

A NOTE FROM THE DEPUTY PRINCIPAL

What a spectacular show!

I smiled with immense pride and joy as my choir students belted out 'Proud Mary' for their opening number at the Festival Theatre on Thursday night. They were true, professional performers all day during the rehearsal and concert, where they were amongst 500 students from 19 schools across the state.

The students have worked so hard during the year learning how to sing and remembering the lyrics and the choreography. Our performance is the reward for our hard work, much like a Grand Final, and each player shone!

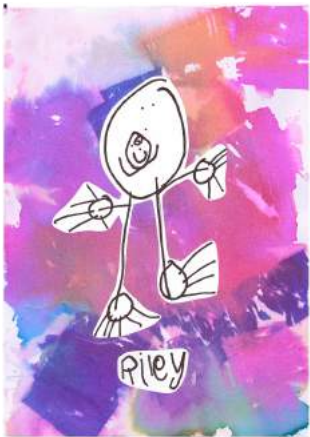
The students showed incredible stamina, beginning with a full rehearsal at 1pm and performing until 9:30pm at night. I hope they are all having a restful Friday and celebrating their achievements with their families.

Our next performance will be at the Sir Robert Helpmann Theatre on Thursday 26th October. Tickets are now available online via <https://helpmann.countryarts.org.au>

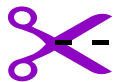
Mrs Ebony Capurso











Art Club Tea Towel Orders

Did you not order first time around, or would you like to order more? If so, please fill out the form below and return to your child's class teacher before Wednesday the 27th of September.

Name _____

Class Teacher _____

QTY _____

Payment of \$20 per tea towel to be made via the Qrk! app.

FROM OUR PASTORAL CARE WORKER

You might remember in our last newsletter, I shared with you some insights from Dr Kaylene Henderson on mental health and wellbeing in children. I shared with you the top 5 positive protective factors we can influence as adults to help build positive mental health in our children. They are:

1. **Positive Self Esteem**
2. **Good Physical Health**
3. **Healthy thinking habits**
4. **Resilience (the ability successfully adapt to changing circumstances)**
5. **A quality relationship with a parent/caregiver**

Number 5, **A quality relationship with a parent/caregiver**, is described by Dr Henderson as **THE** most important influential factor in supporting positive mental health in our children. A few weeks ago, I attended the Resilient Kids Conference in Adelaide, that focused on Anxiety in children. And can you guess what each of the 4 key note speakers emphasised as the key to overcoming Anxiety in children.....you guessed it, a connected, quality relationship with their parent or caregiver who is emotionally available when they need it most.

Dr Justin Coulson tells us that research clearly indicates that parents who take the time to be there for their children experience:

- Greater self confidence and self esteem
- Increased resilience
- Achieve higher learning outcomes at school
- Improved social skills, including acceptance by their peers
- Greater sense of emotional regulation

So what do we mean by the words connected, quality, emotionally available?

Dr Henderson explains that we all have a different understanding of what a 'quality relationship' means based on our own experiences during childhood, our own expectations and how we relate to and interact with our own children. Here are some of her key points on helping to create a strong relationship with our children:

1) Delight in your child! This is more than just words....how do your eyes and face light up when they enter the room or have achieved something extraordinary for them? In the words of Dr Henderson "If our children can see over time that we delight in them, they develop an internally inherent response that they must be a good and worthwhile person. Delight is the foundation for self esteem development in our children."

2) Help your children 'just enough': Our children are always learning new skills and to support them in becoming independent, we need to work our what "just enough" help is.....helping them to accomplish tasks by themselves so they get a sense of achievement, competence and being capable of stepping up and having a go. This means that when things get tricky for our kids, they believe in themselves enough to step up and have a go!

3) Building resilience: Allow our children to experience both the ups and downs in life. If life is always great for our kids, they wont be equipped to deal with adulthood, which is stressful, boring, frustrating and disappointing. Dr Henderson explains "our kids need repeated practice at dealing with setbacks and the associated emotions in order to become more resilient. They wont be able to handle the big stuff life throws them as adults if we haven't allowed them to practice handling the little stuff as kids"

4) Position yourself as your child's comforting go-to person

Research shows that when your child is distressed, the best way to respond is with connection and empathy.

- Stop what you're doing
- Connect with your child
- Show them the same mirrored emotion on your face and through your words that you get it

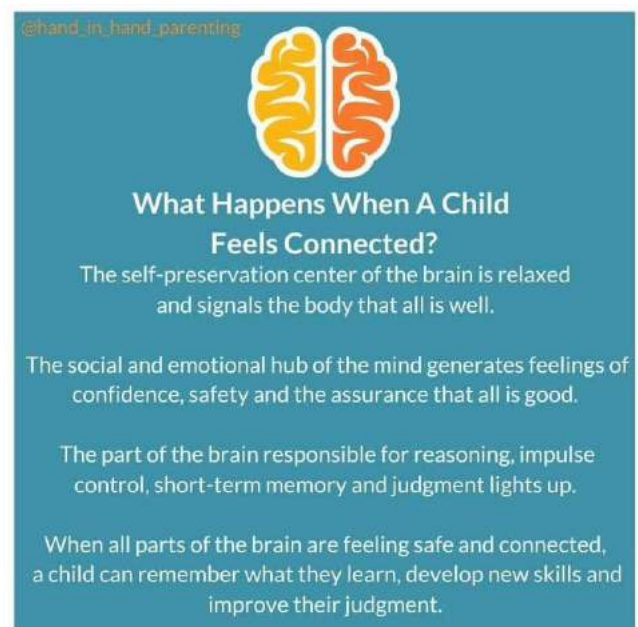
When we respond with connection and empathy, we do three important things:

- 1) We help activate their brain pathways to calm down in the most efficient manner. No other response is as effective, not distraction, logic or punishment
- 2) We strengthen our relationship with our children
- 3) We teach our children they can turn others for help when life feels overwhelming

At the Resilient Kids Conference, Maggie Dent, explained the importance of 'micro-moments' of connection with our kids. It's impossible as a parent to be physically and emotionally available to our children all the time, so catch the micro moments where you can make them feel like the most important person in the world. This might look like:

- Being present without technology
- Having real conversation
- Eating at least one meal together a day
- Creating family rituals
- Join them in colouring/games/cubbies etc

Having at least one connected adult in a child's life who delights in them, and treats them like they are the most important person in the world really can make all the difference to a child's mental state. But remember, it also takes a village to raise a child. Maybe this person can't be you, so help your child create meaningful relationships with other adults...is there a relative, family friend or neighbour who might take on this role?



If you are looking for further information on creating meaningful relationships with your children, I can highly recommend 'What your child needs from you; creating a connected family' by Dr Justin Coulson, it's a great read!

Chelsea March

Do you have any spare eggs? We love to cook at school and would appreciate any spare eggs you might be able to donate!

SCHOOL UNIFORMS

The Good Country Community Op Shop currently has some BPS uniforms available. If you are after quality, second hand uniforms, pop in and check them out!



We would love some additional helpers for our Breakfast club program. Did you know about 60 children come to breakfast club for a delicious cheese toasty and milo? Without parental support, we are unable to offer breakfast club in the capacity we would like to be able to. Please speak with Chelsea for more information.

2023 RUN A THON

THURSDAY 28TH SEPTEMBER

All funds raised
going towards the
new play ground



Thank you to Bordertown
Foodland for supplying a Zooper
Dooper to all participants in the
Runathon



1km per lap

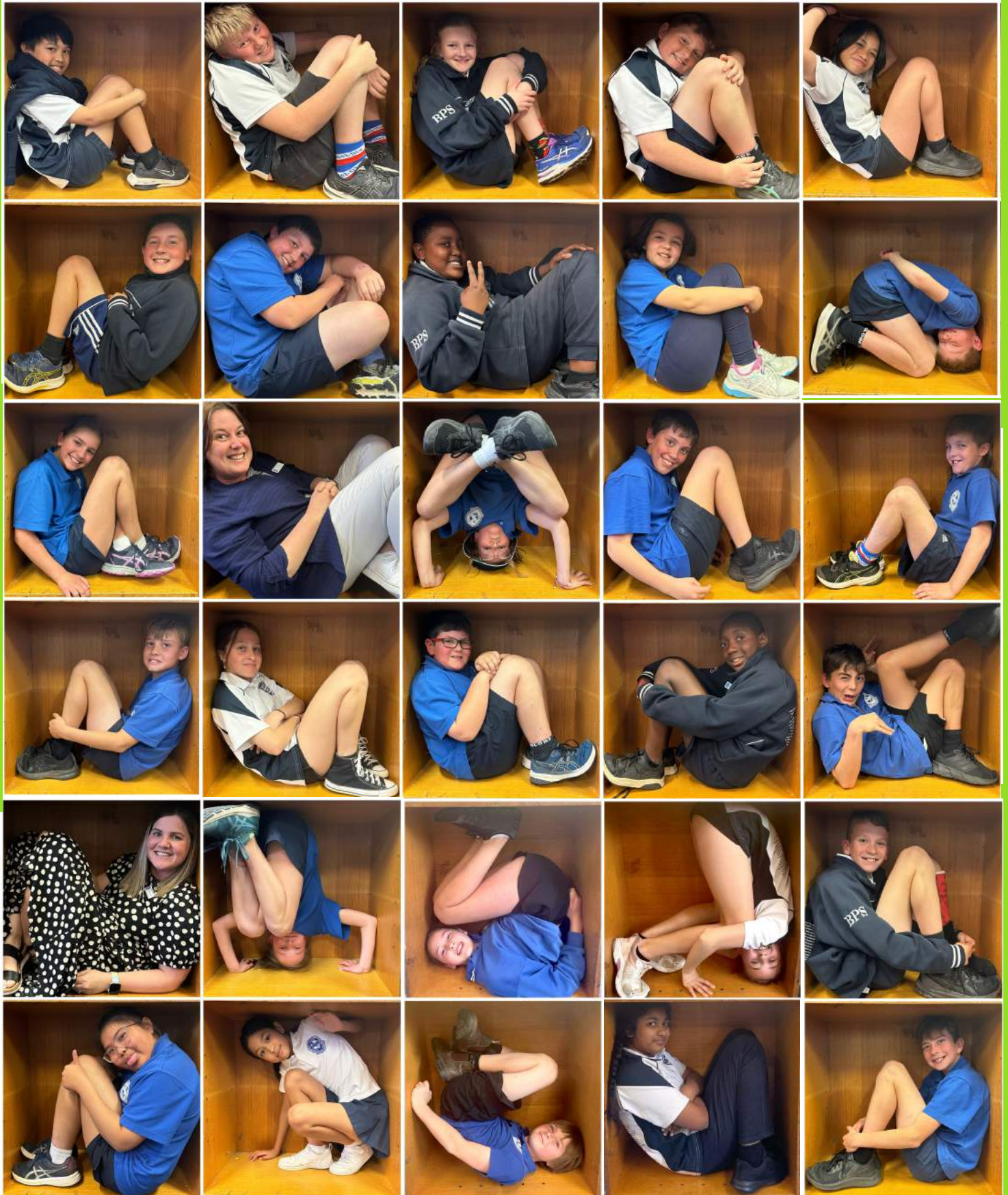
Time	Classes
9.15am	Maney Rec
	Hillier Rec
10.00am	Carter 3/4
	Svilans 3/4
	Stauda (Maney) 3/4
Recess	
11.30am	Rattus 5/6
	Foulds 5/6
	Collins 5/6
	Blackwell 5/6
12.15pm	Steer 1/2
	Deans 1/2
	Taylor 1/2

Coffee Van available all day

Students are encouraged
to wear their house colours



YEAR 5/6!



CAN YOU THINK OUTSIDE THE BOX?

**MRS FOULDS & MRS HARKNESS
2023**

At the next Bordertown Primary School Governing Council meeting the proposed 2024 Materials & Services Charge will be discussed and presented to Governing Council for approval.

An invitation is extended to the school community to attend the meeting to discuss the charge.

7pm, Wednesday 25th October 2023 in the school library.

If unable to attend this meeting parents and caregivers can express their views in writing to the chairperson



Government of South Australia
Department for Education

Bordertown Primary School - 0733		
Notice of Materials and Services Charges for 2024		
Notice of Charges for Reception - Year 6		
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials related to the educational program and which are provided for the student	Workbooks	\$0.00
	Text Book Hire / E-Book Access	\$0.00
	Photocopied Material	\$30.00
	SUBTOTAL (ZPREM)	\$30.00
Stationery items that are provided for the student	Stationery Items	\$45.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	SUBTOTAL (ZSTAT)	\$45.00
Materials and Services that are provided by the school for the student to consume or use the materials or take ownership of a finished article produced by the student with the materials	Access to Student Information Technology	\$90.00
	Access to Machinery	\$0.00
	Access to Equipment	\$0.00
	Curriculum/Subject Supplies and Services	\$159.00
	Performance/swimming Levy	\$6.00
	Other [please Specify]	\$0.00
	SUBTOTAL (ZACMS)	\$255.00
Materials for inclusion in the school library and to enable use by the student	Library resources including access to borrowing library resources	\$30.00
	SUBTOTAL (ZACLI)	\$30.00
Total Materials and Services Charge (excluding Subject Charges)		\$360.00

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)
	\$0.00
	\$0.00
	\$0.00
	\$0.00
	\$0.00

FIREWORKS SPECTACULAR

WESTERN FLAT OVAL
SUNDAY OCTOBER 1ST 2023
GATES OPEN FROM 6PM - \$30 PER FAMILY
ENTERTAINMENT - AMY VERC0 JUMPING CASTLE
MONSTER RAFFLE * GLOW BANDS *
HOT DONUTS * FREE SPARKLERS *
COFFEE VAN * BBQ * HOT CHIPS *
BAR FACILITIES * OVAL PARKING

CASH ONLY EVENT

This Event is Sponsored and Supported by:



USE Liquid Waste, D & M Rural, PPHS, Nutrien Ag Solutions - Padthaway, Minjumbuk, Sunnyside Instant Lawn

Blue Lake Milling, Brooksby Earthmoving, MGA Insurance Brokers, Farmers Leap Wines, Western Ag - Bordertown, Padthaway Estate, SE Wheel Alignment & Tyre Service, Eight at the Gate Wines, Mulbarton Compost, Zilm Harvesting, Maxi Tankers

Jip Jip Rocks Wines, Arki Murray Grey Stud & Liveslock Services, Bundara Downs, Home PC Support, Wise Farm Equipment, Border Ag, Brandt Equipment, Earthworx Earthmoving, Nutrien Harcourts Keith, Elanco, Foodland Bordertown, Woolshed Inn Hotel, Richards Quality Meats, Tatiana Truck and Trailers, Hutchisons Nursery, My Tax Accountant, Sims Drilling, Goldacres - Bordertown, Densley Earthmoving, Natural Soul Beauty, Days Whiteface, Upton Engineering, Rods Liveslock Nutrition

Narracoorte Homestead, Paxton stud, Mott Finnis & Co., Tatiana Industrial Repairs, Nutrien Ag - Bordertown, Jack & Sarah Delaney, KN & LG Krause, Hicks Auto, Maloney Builders, Tasco Petroleum, Ray White - Bordertown, Tatiana Seeds, ASI Outdoors, Michell Wool (Glenn Reardon), GK Read & M Moyle, Cox Rural, Allendale Stud, Murray Nankivell, Top Mark Machinery
Bordertown Fruit Market, Moores Hardware, Blacksmiths Café, Dooling Produce, Amail Gift & Accessories, Beemama Murray Grey Stud, Sir Loim Butchers

BYO CHAIRS / RUGS, STRICTLY NO BYO ALCOHOL OR BBQ'S
Enquiries to Anne White 0419 907 601 or Monique Moore 0418 898 003



5 T C B F M

OPEN / MARKET DAY

90 DECOURCEY STREET BORDERTOWN

SEPTEMBER 23RD 2023

10AM - 3PM

SPECIAL PRESENTATION AT 11AM

COFFEE PIT-BORDERTOWN LIONS CLUB- BORDERTOWN GIRL GUIDES- ELLIE ROSE CREATIONS- FIZZ & CRAFT -HOME PC SUPPORT- CARMEL'S COLLECTABLES VINTAGE TREASURES- BOB WHATEVER WOOD- VEKEN CREATIONS- MIA'S MACAROONS- ELEVENTY SEVEN- PAM'S HOMEMADE GOODS - LAZY MONKEY STUDIO- THE NESTING HEN - SCRUNCHED OBSESSED CO - WELDZ & WOOD, TONI GREENWOOD ART.- THERMOMIX - LILY & CO CREATIONS - FLAVOURISTA - LC AUTOMOTIVE - BORDERTOWN ON THE MOVE, BORDERTOWN ADVENTURE PLAYGROUND PROJECT - BEES KNEES CREATIONS - R&Y HANDMADE CRAFTS - EMMADY CREATIONS - BE REAL CO. FOR MOTHER EARTH - COUNTRY LABEL CO. - RAINBOW TOFFEE - PENNY LANE PLANTS AND PRODUCE -SO.CO CANDLES

The 5TCB COLOURING IN COMPETITION IS NOW ON!

GRAB A COPY FROM SPORT N MOORE, HANSEN PRINT BORDERTOWN OR 5TCB OR DOWNLOAD THE FORM FROM THE 5TCB FACEBOOK PAGE

Three Prize Categories:

Aged 8 and Under

Aged 9 -12

Young At Heart (open to all ages)

Also make sure to include your contact name, email and number on the back of the entry.

Dropped off to 5TCB before Sept 30th 2023

Or Post:

Manager at 5TCB

PO BOX 526

BORDERTOWN 5268 S.A

Winner(s) announced October 6th

HAPPY COLOURING!!!!!!!!!!!!!!



**Bordertown and District
Basketball Association**

Mini Hoops – Registration Form Summer 2023

MINI HOOPS: Mini Hoops, a program for 6 and 7 year olds, will again be available for children that are turning 6 prior to 31st December 2023 (children born in 2016 and 2017).

This is a great opportunity to acquire and develop new skills.

An 8 week program with a 60 minute session each week.

Most of all Mini Hoops is about having FUN!!!!

REGISTRATION / SUBS: Subs will need to be paid prior to the commencement of the season.

PROGRAM DETAILS

WHEN: Tuesday's starting 24th October 2023

WHERE: Bordertown Basketball Stadium

TIME: 4pm – 5pm

COST: \$55 (includes basketball and singlet)

Enquiries to Shane Orrock

B&DBA are registered to accept 2023 Sports Vouchers

MINI HOOPS SUMMER BASKETBALL 2023

Name of player (s)		Date of birth
_____	M / F	_____
_____	M / F	_____
_____	M / F	_____

Parent / Guardian Name: _____

Phone: _____

Address: _____

Email: _____

Parent/Guardian Signature: _____

I do give permission for my child(ren) to have their photograph published in local media and on the B&DBA website.

EFT Details:

Bank SA

BSB: 105 066

Account Number: 036 933 140

Account Name: Bordertown and District Basketball Association

Registrations can be emailed to bordertownbasketballassociation@yahoo.com

OCTOBER school holidays



String art for kids

Get winding and create a simple string art project. No hammering required! Templates provided.
BORDERTOWN PUBLIC LIBRARY
TUESDAY 3 OCTOBER 2023 at 10.30am
Limited numbers. Bookings essential 8752 1473



Fidget spinner

Assemble a miniature wooden model. Each part snaps into place. Free activity. Suitable for children aged 8 years+
BORDERTOWN PUBLIC LIBRARY
THURSDAY 5 OCTOBER 2023 at 2pm
Limited numbers. Bookings essential 8752 1473



Wire photo holder

Decorate & assemble your own photo holder.
BORDERTOWN PUBLIC LIBRARY
WEDNESDAY 11 OCTOBER 2023 at 10.30am
Limited numbers. Bookings essential 8752 1473

All activities are free



TATIARA DISTRICT COUNCIL & TATIARA KARTING CLUB

WELCOME EVENT

WOOLSHED STREET, BORDERTOWN

THURSDAY 26TH OCT 4PM - 8PM

FOOD STALLS

LIVE MUSIC

DIRT KART
DISPLAYS

HISTORIC VEHICLE
DISPLAYS

MARKET STALLS

BAR &
WINE TASTING

SPRINT CAR
DISPLAYS



creative kids

after-school
program

(for school age children)

Term 4

3:45 pm - 4:45 pm
Wednesday:

1 November 2023
15 November 2023
29 November 2023

All material supplied



GIRLS ONLY SOCCER TRAINING

All Welcome

DEPENDING ON INTEREST
POTENTIALLY AN 8 WEEK BLOCK
4 PM TO 5:15 PM EVERY
WEDNESDAY
COMMENCES OCTOBER 25 TO
DECEMBER 13

VIRGO PARK SOCCER FIELD

IF ANY BOYS ARE KEEN TO ATTEND A
SEPARATE TRAINING PLEASE LET ME KNOW