

**ISSUE 6 | 1 JULY 2022** 

# BORDERTOWN PRIMARY SCHOOL NEWSLINK

Inspire, Challenge, Achieve

### IMPORTANT DATES

Kids' Voice Induction 6.00pm, Tuesday 5 July

Semester 1 Reports shared with families
Thursday 7 July

School Assembly 11.30am, Friday 8 July

Last day of Term 2 Friday 8 July Early dismissal 2.25pm

> Term 3 begins Monday 25 July

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## Voices singing strong

A NOTE FROM THE PRINCIPAL

Last week I had the pleasure of seeing the BPS Choir, comprising 25 Years 5 and 6 students pictured here, take part in an important masterclass with a visiting choir teacher from Kingston SE. Our students sang with confidence, enthusiasm and energy and I was struck by their commitment and cooperation.

Karen Prenzler has been working alongside Andrea Carter, our piano accompanist, to ensure that the BPS Choir is well-prepared for performances in Mount Gambier and Adelaide next term as part of the famous Festival of Music.

Congratulations to our choir and my sincere thanks to Karen and Andrea for their dedication to promoting the Arts at BPS.

## Voices singing strong

FROM PAGE ONE...

One song in this year's choral repertoire is called City of Music by Glyn Lehmann. The following lines from the song prompted me to reflect on the way that the BPS community works together:

We gather here on Kaurna land and sing with all our hearts. To forge a sound that is greater than the sum of all its parts.

As I prepare to start maternity leave, I'm saying goodbye for now knowing that we have a strong team at BPS. Our staff team - SSOs, teachers and leaders - work so well together to create the best place for children to learn and grow.

I am very happy to welcome Tobias O'Connor to BPS to lead this team as principal over the next 6 months.

I'm also pleased to announce that Ebony Capurso has won the BPS Deputy Principal position for the remainder of the year. Ebony lives in Keith and has most recently been at Padthaway Primary School. She will begin at BPS next term, having just visited our school today to meet staff and begin planning with our leadership team.

Finally, we congratulate Jenny Dungee on winning the BPS Business Manager role. Jenny comes to us from Mundulla Primary School and will also begin at the start of next term.

I would like to acknowledge and thank Kylie Staude and Jenny Tilbrook for their contribution to our school over the last several years in their respective roles. Both Jenny and Kylie have offered a wise source of counsel to me as a new principal to BPS, and I have greatly appreciated their support.

We wish Jenny all the best as she steps away from BPS and pursues a new challenge.

Kylie Staude will take up a teaching role in one of our Year 4 classes from the beginning of next term. Sianna Hinge will be finishing her time at Bordertown Primary at the end of next week and so Kylie will fill this position for the remainder of the year. We wish Sianna well and thank her for the great work she has done to support children's learning.

I appreciate that these arrangements will involve some change, however I am confident that our team will manage this transition smoothly.

I hope to be back to visit school later in the year and look forward to introducing my new addition to children and staff. I've had plenty of eager offers of babysitting from students over the last few weeks and might just have to take these up! I certainly feel very fortunate to be able to share the joy that comes with this special time with such a supportive community. Thanks so much for your warm wishes.

**Amy Reid** 

# The proven benefits of reading with your child



#### FROM OUR CURRICULUM COORDINATORS

Parents and carers who read aloud with children in a secure, safe and comfortable context motivate their children to read.

Parents' perceptions, values, attitudes, and expectations play an important role in influencing their children's attitudes toward reading, and subsequent literacy development. When children share a book with someone who makes them feel special, the attitude that reading is pleasurable is transferred to other reading encounters.

#### Relationship building

At the core of reading is a relationship and it is the bond between children and parents that is enhanced through reading together. It only takes ten minutes a day to build this relationship.

#### Children's reading improves

The research is conclusive: When parents successfully support their children's literacy learning from an early age, everyone benefits. When teachers and parents work together to support children's reading and academic success, learning outcomes for all children improve.

#### Children read more

Students who read with their parents are better prepared for school. They begin school with knowledge of book language and familiarity with concepts of print. They understand how books work and have many more exposures to text types and vocabulary.

#### Children's self-esteem improves

Knowing someone cares enough to take time out of a busy schedule to give you undivided attention around a book makes a significant difference to how students perceive themselves as learners and readers. When parents show an interest in their children's learning, children respond positively.

## Reading unites families through shared stories

When a family reads together, stories form a common ground for communicating. Stories bind families and help students makes sense of where they fit in the world. Not only does parent involvement have a specific and profound impact on children's reading, but also on children's language and literacy learning in general. It is through interactions with parents and carers that children learn new vocabulary, seek clarification of new understandings, and learn to comprehend their expanding worlds. Talk is the key to reading and writing success. Talking with children (walking to school, at the table, in the car, bedtime) has a significant effect on literacy learning in general.

For tips on how you can help your child with reading and writing at home, click here.

Angela and Kerri



### Materials and Services Charge

A NOTE FROM THE BUSINESS MANAGER

As you are aware, the state government made a commitment to give South Australian families with school-age children a \$100 discount on their public school's Materials and Services Charge for each child, for the next two school years (2022 and 2023).

The discount does not apply to families who have been approved for school card.

Bordertown Primary School will process the \$100 Materials and Service Fee rebate as a credit against your account. If you have an outstanding debt, this will reduce the amount outstanding.

A number of BPS families have asked if it's possible for the \$100 to be contributed to the school as a donation. We are pleased to let you know that this is possible and we'd be very grateful to hear from you if this is what you'd like to do to support our school. All donations will be put towards new furniture for our newly refurbished kitchen area. Thank you for your generosity.

You can also choose to leave the credit on your account and take this up against any future invoices, or you can request the funds be paid to you.

If you have any queries, please give us a call on 8752 1888 or email Jenny on dl.0733.finance@schools.sa.edu.au.

#### Year 5

### **VISUAL ARTS**

## McLaughlin



In Visual Arts, we learnt about key elements of art and incorporating these funadamental skills in our designs. The following pieces depict using elements of shape to design masks and elements of space to create illusions of depth.



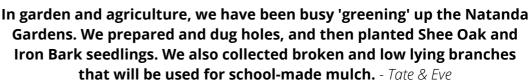
#### Year 5





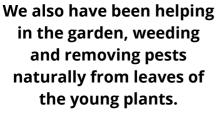
## McLaughlin











-Mia & Macy













#### Year 1/2

#### **MATHEMATICS**

## Taylor



#### USING NEW MATHS MANIPULATIVES IN MRS TAYLOR'S 1/2 CLASSROOM...

We have enjoyed experimenting with new bead strings and numicon kits in our classroom. These hands on manipulatives provide a multi-sensory approach to learning, activating visual, auditory, and kinesthetic-tactile channels. Hands on manipulates have provided engaging opportunities for us to explore a variety of number concepts in Mathematics.



## WHEN WE GROW UP...



#### FROM OUR PASTORAL CARE WORKER

Welcome to Week 9! In this final Term 2 newsletter, I will present the remainder of Mark Le Messurier's 12 tips for strengthening our kids' ability to deal with life's ups and downs.

#### The gut/brain connection

We are beginning to understand that our brain affects gut health, and our gut affects brain health. There are now strong links between a balanced diet full of vegetables, protein and nutrients and good mental health. Mounting evidence suggests that including whole foods such as fresh vegetables, legumes, whole grains, fish, eggs and healthy fats is associated with decreased symptoms of depression. This strongly contrasts with the 'Westernised' diet, so prevalent in our society, which includes fast food, high sugar/fat foods and drinks, refined carbs and processed foods. I could definitely do with less sugar and more vegetables!

#### Having strong values and connections

Researchers Charney and Southwick identified that those who show better mental health usually have two things in common. Firstly, they have a moral compass - possessing a strong sense of 'right and wrong', 'fair and unfair,' 'helpful and obstructive,' 'selfish and generous' and all the shades of grey in between. This develops through conversations with our kids and modelling our values to them.

Secondly, they live with spiritual or faith values. In fact, having a deep religious or spiritual connection can support people to recover from upsets, emergencies, and disasters. This includes having a religious faith as well as a belief in the goodness of family, love and connection to friends, loyalty, generosity and honesty. Being part of sporting, church, social and other groups outside the home aids connectedness.

#### Kindness and giving to others

A simple act of kindness can make a huge difference to someone's day, week, or life. Equally, our kindness to others has a profound effect on our own mental health. Connection and contribution aids in us feeling valued and uplifted.

The research is clear that when we help another, we are the greatest receiver. Examples are:

- Smiling or saying hello to others.
- · Donating to local charities.
- Helping a neighbour in need.
- Thanking people in our community
- As a family, pitching in and being charitable towards the environment.

#### Help your kids find inspiring rolemodels

Just as you surround yourself with people who are good, respectful, and nurturing, we must encourage our children to do the same. Charney and Southwick's research has also found that those with good mental health and high levels of resilience could name their role-models and said that their beliefs, attitudes, and achievements motivated them. Role-models can be sporting stars, people who have overcome odds, passionate game-changers, people in your community or family – even you!

### Face your fears and guide your kids to do the same

When we face our fears, they become less frightening. We can say to ourselves, "I'm scared, but I can deal with this and learn from it" or "This is a small test that's going to make me more confident". Every so often, challenge yourself and your children to give something a go that feels slightly outside that natural comfort zone.

As Mark mentions from the outset, we cannot precisely control the condition of our mental health, but there is a lot we can do to safeguard, strengthen, and repair it. These mental health principles are a solid starting point. Maybe these already resonate with you. Parenting our kids is not easy, but there are definitely some ideas in this article that I will take forward with me!

Wishing you a safe and enjoyable holiday break, Karen

## **CROSS COUNTRY NARACOORTE**

















their best.















## **CROSS COUNTRY**

#### **NARACOORTE**



#### **Results**

8 Yr Boys	Patrick Devitt	8th
	Joey Carpenter	10th
9 Yr Girls	Stella Kennett	4th
9 Yr Boys	Emmett Phillips	2nd
10 Yr Girls	Pippa Blackwell	3rd
	Keeley Mead	7th
	Imogen Ralph	9th
10 Yr Boys	Harry Will	4th
	Lincoln Keatley	8th
11 Yr Girls	Zelie Phillips	1st
	Claire Dahlitz	9th
11 Yr Boys	Max Cook	5th
	Blake Kennett	8th
	Jack Dawes	9th
12 Yr Girls	Zoe Cook	1st
	Sienna Lusher	8th
12 Yr Boys	Chayce Orrock	5th
	Oisín Gill-O'Donovan	6th
	Darcy Belluzzo	9th





















## Sapsasa Swimming



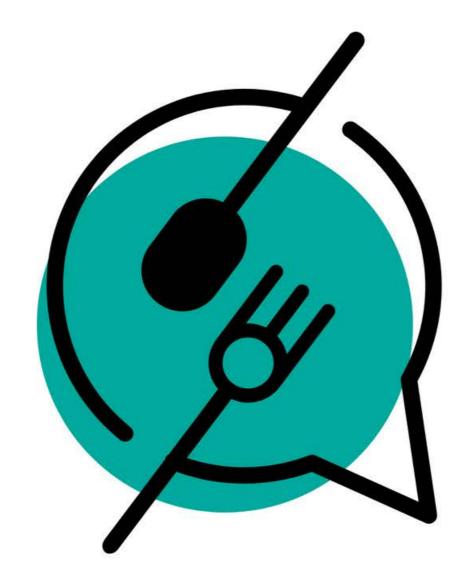
In Term 2 Week 1, Ben, Oisin, Zoe, Hunter, Bentley, Zelie and Eve all went to the SA Aquatic Centre and competed in the Sapsasa swimming carnival.

There were lots of broken PB times and a few medals won. Zelie and Bentley both won Bronze in their butterfly events.

We would like to give a big thank you to the parents who took their time to bring us to Adelaide for Thursday and Friday and another big thanks to Sonia Smith for being at training and being a great coach.

Ben and Hunter





## FOOD CONNECTIONS

#### COME FOR A CHAT & A HOT MEAL!

When: Sunday 10 July from 5PM-6.30PM

Where: Civic Centre, 43 Woolshed St, Bordertown

What: We'll be cooking a variety of soups

Is this for me? Yes, if you need some support, please come along and join us. If you have any questions, give Tracey a call on 0431 885 649.